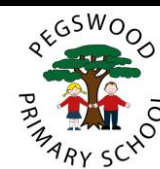


Pegswood Primary School

Winter Menu (Nov 18-April 19)



Homemade Dish	Crustaceans	Lupin	Mustard	Sesame Seeds	
Celery	Eggs	Milk	Nuts	Soya	
Cereals Containing Gluten	Fish	Molluscs	Peanuts	Sulphur Dioxide	
WEEK THREE	Monday	Tuesday	Wednesday	Thursday	Friday
Main course	Fish Fingers OR Meat Balls in Gravy 	Pasta Bolognaise OR Quiche 	Roast Ham & Yorkshire Pudding OR Lasagne 	Rogan Josh with Poppadoms OR Chicken in Gravy 	Macaroni Cheese OR Chicken Wrap
Potatoes/Rice	Jacket Potato Wedges	Garlic Bread 	Roast Potatoes	Basmati Rice	Chips
Vegetables	Broccoli	Sweetcorn	Baked Beans	Mixed Vegetables	Garden Peas
Jacket Potato choices	Tuna/Mayo Cheese Cheese & Baked Beans	Tuna/Mayo Cheese Cheese & Baked Beans	Tuna/Mayo Cheese Cheese & Baked Beans	Tuna/Mayo Cheese Cheese & Baked Beans	Tuna/Mayo Cheese Cheese & Baked Beans
Sandwich	Ham, Cheese or Tuna/Mayo	Ham, Cheese or Tuna/Mayo	Ham, Cheese or Tuna/Mayo	Ham, Cheese or Tuna/Mayo	Ham, Cheese or Tuna/Mayo
Salad Bar	Seasonal Salad + Pasta/Rice	Seasonal Salad + Pasta/Rice	Seasonal Salad + Pasta/Rice	Seasonal Salad + Pasta/Rice	Seasonal Salad + Pasta/Rice
Sweets	Steamed Syrup/Jam Sponge & Custard 	Cheesecake 	Jelly with Dream Topping 	Biscuit and Glass of Juice 	Ice Cream with Fruit



Salad bar is open to all staying for school lunches.

Fresh fruit, yoghurt and bread available daily.
Drinking water is available daily on the dining room tables.