

# Pegswood Primary School

## Winter Menu (Nov 18-April 19)



Homemade Dish	Crustaceans	Lupin	Mustard	Sesame Seeds	
Celery	Eggs	Milk	Nuts	Soya	
Cereals Containing Gluten	Fish	Molluscs	Peanuts	Sulphur Dioxide	
WEEK ONE	Monday	Tuesday	Wednesday	Thursday	Friday
Main course	Homemade Pepperoni Pizza 	Mince & Dumplings 	Sausages with Gravy and Yorkshire Pudding 	Chicken Korma & Naan Bread 	Salmon Bites 
	OR Chicken & Sweetcorn Pasta Bake 	OR Fishcakes 	OR Hot Baguette + Sausage & Gravy 	OR Chicken & Gravy 	OR Cheese & Tomato Quiche 
Potatoes/Rice	Jacket Potato Wedges	Creamed Potato 	Creamed Potatoes 	Wholemeal Rice	Chips or Waffle Potatoes
Vegetables	Garden Peas	Carrots	Swede	Sweetcorn	Baked Beans
Jacket Potato choices	Tuna/Mayo Cheese Cheese & Baked Beans	Tuna/Mayo Cheese Cheese & Baked Beans	Tuna/Mayo Cheese Cheese & Baked Beans	Tuna/Mayo Cheese Cheese & Baked Beans	Tuna/Mayo Cheese Cheese & Baked Beans
Sandwich	Ham, Cheese or Tuna/Mayo	Ham, Cheese or Tuna/Mayo	Ham, Cheese or Tuna/Mayo	Ham, Cheese or Tuna/Mayo	Ham, Cheese or Tuna/Mayo
Salad Bar	Seasonal Salad + Pasta/Rice	Seasonal Salad + Pasta/Rice	Seasonal Salad + Pasta/Rice	Seasonal Salad + Pasta/Rice	Seasonal Salad + Pasta/Rice
Sweets	Fruity Chocolate Brownie with a Glass of Milk 	Mousse Slice 	Fruit and Artic Roll 	Ginger / Vanilla Sponge with Custard 	Iced Marble Cake and Glass of Juice 



Salad bar is open to all staying for school lunches.

Fresh fruit, yoghurt and bread available daily.  
Drinking water is available daily on the dining room tables.