## Pegswood Primary School Year 6 Coverage PSHE & RSE



## Pegswood Primary School Year Group Coverage – PSHE & RSE

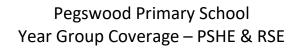


Year 6							
		Family & Relationships	Citizenship	Health & Wellbeing	Safety & the Changing Body	Economic Wellbeing, Transition & Identity	
Family & Relationships	Learning that friendships can experience conflict and ways in which to resolve conflict, through negotiation and compromise.	✓					
	Learning what respect is and that it is part of a relationship.	✓					
	Understanding that everyone deserves to be respected but that respect can be lost.	✓					
	Understanding stereotyping and bullying linked to it.	✓					
	Understanding grief and the associated emotions.	✓					
	To explore the process and emotions relating to grief.	✓					
Health & Wellbeing	Understanding ways of preventing illness and the benefits of immunisation.			✓			
	Developing an understanding of possible signs of illness and some actions I can take.			✓			
	Understanding that I have a responsibility to look after my overall health, including, diet, oral hygiene, physical activity, rest and relaxation.			✓			
	Understanding the factors which contribute to my physical and mental health.			✓			
	Identifying a range of relaxation strategies and situations in which they would be useful.			✓			
	Exploring my personal qualities and how to build on them.			<b>√</b>			
	Learning the importance of resilience and developing strategies for being resilient in challenging situations.			✓			
	Identifying long-term goals and developing a plan as to how to achieve them.			✓			

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		Family & Relationships	Citizenship	Health & Wellbeing	Safety & the Changing Body	Economic Wellbeing, Transition & Identity
ing Body	Developing an understanding about the reliability of online information.				✓	
	Exploring online relationships including dealing with problems.				✓	
	Understanding that online relationships should be treated in the same way as face to face relationships.				✓	
lang	Knowing where to get help with any online problems.				<b>✓</b>	
e Ch	Understanding the risks associated with alcohol.				✓	
d th	Knowing the changes experienced during puberty.				✓	
Safety and the Changing Body	Knowing how to help someone who is choking.				✓	
	Knowing how to help someone who is unresponsive.				✓	
	Understanding ways to keep safe when around railways and open water (rivers, beach) and spot potential dangers.				✓	
	Human rights.		✓			
Ω	Food choices and the environment.		✓			
nshi	Caring for others.		✓			
Citizenship	Prejudice and discrimination.		✓			
	Valuing diversity.		✓			
	National democracy.		✓			
Economic Wellbeing	Attitudes to money.					✓
	Keeping money safe.					✓
	Gambling.					✓
	What jobs are available?					✓





	Career routes.					✓	
Year 6							
		Family & Relationships	Citizenship	Health & Wellbeing	Safety & the Changing Body	Economic Wellbeing, Transition & Identity	
Identity	What is identity.					✓	
	Gender identity.					✓	
	Identity and body image.					✓	