# Personal, Social Health Education (PSHE), Relations Education and Sex Education (RSE)

We believe that this policy should be a working document that is fit for purpose, represents the school ethos, enables consistency and quality across the school and is related to the following legislation:

- Education Act 1996
- Education Act 2002
- Equality Act 2010
- Education Act 2011
- Children and Social Act 2017

The following documentation is also related to this policy:

- Ofsted School Inspection Handbook (DfE 2022)
- Teaching a broad and balanced curriculum for education recovery (DfE)
- Equality Act 2010: Advice for Schools (DfE)
- Keeping Children Safe in Education: Statutory Guidance for Schools and Colleges (DfE 2018)
- Special Educational Needs and Disability Code of Practice: 0 to 25 Years. Statutory Guidance for Organisations Who Work With and Support Children and Young People with Special Educational Needs and Disabilities (DfE) and (DoH)
- Behaviour and Discipline in Schools (DfE 2016)
- Alternative Provision: Statutory Guidance (DfE 2013)
- Mental Health and Behaviour in Schools (DfE 2018)
- Preventing and Tackling Bullying (DfE 2017)
- Sexual Violence and Sexual Harassment between Children in Schools (DfE 2018)
- Promoting Fundamental British Values as part of SMSC in Schools (DfE 2014)
- National Citizen Service Guidance for Schools (DfE 2017)
- Parental Engagement on Relationships Education (DfE 2019)
- Race Disparity Audit Summary Findings from the Ethnicity Facts and Figures Website (Cabinet Office)

We are aware that as from September 2020, relationships education must be taught by all primary schools in England and that health education will also be compulsory. In both subjects, parents will not be able to request for their children to be withdrawn.

We believe that after consultation with parents, this policy meets the needs of pupils and reflects the local community. Parents were made aware that they do not have the right to veto on any part of the curriculum but they do have a role to play in the process of reviewing this policy.

We are aware that in the development of relationships education, our main focus is 'on teaching the fundamental building blocks and characteristics of positive relationships, with reference to friendships, family relationships and relationships with other children and with adults.'

Relationships education has the following five areas of study that should be covered by the end of primary school and includes detail on what pupils should know:

- Families and people who care for me.
- Caring friendships.
- Respectful relationships.
- Online relationships.
- Being safe.

We work hard to ensure that pupils are taught the importance of equality and respect and that all teaching is sensitive and age appropriate. Therefore, at the appropriate time, we will teach pupils about LGBT issues not as stand-alone lessons but being fully integrated into their programmes of study.

We acknowledge that sex education is not compulsory in primary schools. However, we carry out the main sex education teaching in our science curriculum. We also teach areas that contribute significantly to a child's knowledge and understanding of their own body and how it is changing and developing. This is through PSHE lessons and the wider curriculum.

The organisation and management of our sex education programme is undertaken by a subject coordinator and class teachers. The planning and delivery of the programme is outlined in our Long Term Plan. The delivery of this programme will be flexible and it will be delivered through topics, planned aspects of science, class discussions, circle time, assemblies, and the occasional visit from other professionals. The basis of the resources used will be from the Kapow Primary company, that we subscribe to.

We ensure that we teach the characteristics of good physical health and mental wellbeing. We realise that 'mental wellbeing is a normal part of daily life, in the same way as physical health.'

Physical health and mental wellbeing have the following eight areas of study that should be covered by the end of primary school and includes details on what pupils should know:

- Mental well-being.
- Internet safety.
- Physical health and fitness.
- Healthy eating.
- Drugs, alcohol and tobacco.
- Health and prevention.
- Basic first aid.
- The changing adolescent body.

We consider relationships education, sex education and health education to complement the National Curriculum subjects of citizenship, science, computing and physical education. In our planning, we look for 'opportunities to draw links between the subjects and integrate teaching where appropriate.'

We ensure that relationships education, sex education and health education are accessible to all pupils and we believe our flexible, differentiated curriculum planning caters for pupils with SEND.

We have high expectations of our pupils and we set appropriate challenging targets. All teaching is assessed and assessments are used to identify those pupils who need extra support or intervention.

We are aware that when we are inspected, all aspects of relationships education, sex education and health education will be assessed through consideration of pupils' personal development, pupils' behaviour, pupils' welfare or through their spiritual, moral, social and cultural development.

We as a school community have a commitment to promote equality. Therefore, an equality impact assessment has been undertaken and we believe this policy is in line with the Equality Act 2010.

We all have a responsibility to ensure equality permeates in to all aspects of school life and that everyone is treated equally irrespective of age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion or belief, sex and sexual orientation. We want everyone connected with this school to feel safe, secure, valued and of equal worth.

We believe that it is essential that this policy clearly identifies and outlines the roles and responsibilities of all those involved in the procedures and arrangements that are connected with this policy.

#### **Aims**

- To ensure compliance with all relevant legislation connected to this policy and that relationships education and health education are taught as from 2020.
- To consult with parents that this policy meets the needs of pupils and reflects the local community.
- To ensure pupils are taught the importance of equality and respect and that all teaching is sensitive and age appropriate.
- To ensure parents are aware that they have the right to request that their child be withdrawn from sex education beyond the national curriculum for science.
- To share good practice within the school and with other schools.
- To work with other schools and the local authority to share good practice in order to improve this policy.

#### Responsibility for the Policy and Procedure

#### Role of the Governing Body

The governing body has:

- appointed a member of staff to be responsible for PSHE and RSE education;
- delegated powers and responsibilities to the headteacher to ensure all school personnel and stakeholders are aware of and comply with this policy;
- responsibility for ensuring:

☐ full compliance with all statutory respons	isibilities
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### **Pegswood Primary School** ☐ the school complies with all equalities legislation; ☐ funding is in place to support this policy; ☐ this policy and all policies are maintained and updated regularly; ☐ all pupils make progress in achieving the expected educational outcomes; ☐ the subjects are well led, effectively managed and well planned; ☐ the quality of provision is subject to regular and effective self-evaluation; ☐ the teaching is delivered in ways accessible to all pupils with SEND; ☐ clear information is provided for parents on the subject content and the right to request that their child is withdrawn: ☐ the subjects are resourced, staffed and timetabled in a way that ensures that the school can fulfil its legal obligations; ☐ the celebration of the effort, success and achievements of pupils and school personnel: ☐ the effective implementation, monitoring and evaluation of this policy. Role of the Headteacher The headteacher will: place a high priority on PSHE and RSE education: ensure that these subjects are set in the 'context of a wider whole-school approach to supporting pupils to be safe, happy and prepared for life beyond school; consider how teaching in the school 'supports the development of important attributes in pupils such as honesty, kindness, tolerance, courtesy, resilience and self-efficacy; 'automatically grant a request to withdraw a pupil from any sex education other than as part of the science curriculum:

- provide appropriate, purposeful education for any pupil who has been excused from sex
- education:
- endorse a curriculum that teaches children to know about their rights and to have positive attitudes to respecting the rights of others:
- use whole school assemblies well to promote the school ethos;
- work closely with the school council and to hear their views and opinions:
- encourage pupils to form and to express their views;
- work closely with the subject leader and governors;
- provide leadership and vision in respect of equality;

monitor the effectiveness of this policy by:

- make effective use of relevant research and information to improve this policy;
- organise effective training for the teaching staff so that they can handle any difficult issues with sensitivity:
- ☐ monitoring learning and teaching through observing lessons; ☐ monitoring planning and assessment; ☐ speaking with pupils, school personnel, parents and governors.

#### Role of the Subject Leader

#### The Subject Leader will:

- lead the development of this policy throughout the school;
- ensure a Long Term Plan is in place and shows progression;
- work closely with the Headteacher, other teachers and governors;
- provide guidance and support to all staff;
- provide training for all staff on induction and when the need arises regarding;
- make effective use of relevant research and information to improve this policy;
- keep up to date with new developments and resources;
- undertake risk assessments when required;
- review and monitor;
- Liaise with outside agencies offering support.

#### **Role of Teachers**

#### Teachers will:

- comply with all aspects of this policy;
- work closely with the Subject Leader to develop this policy:
- develop pupils' spoken language, reading, writing and vocabulary in all subjects;
- plan differentiated lessons which are interactive, engaging, of a good pace;
- have high expectations of their pupils and set appropriate challenge within lessons;
- assess their teaching and use assessments to identify pupils who need extra support or intervention;
- be trained to deal with sensitive issues:
- know how to manage disclosures of any type;
- know how to maintain an appropriate level of confidentiality;
- work in partnership parents and carers keeping them up to date with their child's progress and behaviour at school;
- implement the school's equalities policy and schemes;
- achieve high standards
- celebrate the success of pupils in lessons;
- implement the school's equalities policy and schemes.

### Role of the Designated Safeguarding Lead

The designated safeguarding lead will:

- ensure all school personnel are trained to manage disclosures of any type;
- ensure that pupils are made aware of how to raise concerns, to make a report and how a report will be handled;
- ensure school personnel are trained to deal with sensitive issues;
- be made aware of the proposed content of lessons that are safeguarding related as he/she might have local knowledge that could be of value;

#### **Role of Pupils**

#### Pupils will:

- be aware of and comply with this policy;
- listen carefully to all instructions given by the teacher;
- ask for further help if they do not understand;
- participate fully in lessons;
- participate in discussions concerning progress and attainment;
- treat others, their work and equipment with respect;
- support the school code of conduct and guidance necessary to ensure the smooth running of the school;
- liaise with the school council;
- take part in questionnaires and surveys.

#### **Role of Parents/Carers**

#### Parents/carers will:

- be aware of and comply with this policy;
- be made aware of the following questions and answers as compiled by the DfE:

#### Q: Will my child's school have to engage with me before teaching these subjects?

A: Schools will be required to consult with parents when developing and reviewing their policies for relationships education and RSE, which will inform schools' decisions on when and how certain content is covered. Effective engagement gives the space and time for parents to input, ask questions, share concerns and for the school to decide the way forward. Schools will listen to parents' views, and then make a reasonable decision as to how they wish to proceed. When and how content is taught is ultimately a decision for the school, and consultation does not provide a parental veto on curriculum content.

A school's policies for these subjects must be published online, and must be available to any individual free of charge. Schools should also ensure that, when they engage parents, they provide examples of the resources they plan to use, for example the books they will use in lessons.

#### Q: Will my child be taught sex education at primary? This is too young.

A: We are not introducing compulsory sex education at primary school.

We are introducing relationships education at primary, to put in place the building blocks needed for positive and safe relationships of all kinds. This will start with family and friends, how to treat each other with kindness, and recognising the difference between online and offline friendships.

Many primary schools choose to teach sex education (which goes beyond the existing national curriculum for science), and we recommend that they do so, tailored to the age, physical and emotional maturity of their pupils. In those instances we recommend you discuss this with the school, to understand what they propose to teach and how. If you continue to have concerns, you have an automatic right to withdraw your child from these sex education lessons.

#### Q: Does the new relationships education and RSE curriculum take account of my faith?

A: The subjects are designed to help children from all backgrounds build positive and safe relationships, and to thrive in modern Britain.

In all schools, when teaching these subjects, the religious background of pupils must be taken into account when planning teaching, so that the topics are appropriately handled. Schools with a religious character can build on the core required content by reflecting their beliefs in their teaching.

In developing these subjects, we have worked with a number of representative bodies and faith organisations, representing all the major faith groups in England. Several faith organisations produce teaching materials that schools can choose to use.

#### Q: Do I have a right to withdraw my child from relationships and sex education?

A: Parents will continue to have a right to request to withdraw their child from sex education delivered as part of RSE in secondary schools which, unless there are exceptional circumstances, should be granted up to three terms before their child turns 16. At this point, if the child themselves wishes to receive sex education rather than be withdrawn, the school should make arrangements for this to happen in one of the three terms before the child turns 16 - the legal age of sexual consent.

There is no right to withdraw from relationships education at primary or secondary as we believe the contents of these subjects – such as family, friendship, safety (including online safety) – are important for all children to be taught.

## Q: Has the government listened to the views of my community in introducing these subjects?

A: A thorough engagement process, involving a public call for evidence and discussions with over 90 organisations, as well as the public consultation on the draft regulations and guidance, has informed the key decisions on these subjects. The consultation received over 11,000 responses from teachers, schools, expert organisations, young people and parents – these responses have helped finalise the statutory guidance.

#### Q: Will my child be taught about LGBT relationships?

A: Pupils should be taught about the society in which they are growing up. These subjects are designed to foster respect for others and for difference, and educate pupils about healthy relationships.

Pupils should receive teaching on LGBT content during their school years. Teaching children about the society that we live in and the different types of loving, healthy relationships that exist can be done in a way that respects everyone. Primary schools are strongly encouraged and enabled to cover LGBT content when teaching about different types of families.

#### Parents will also:

- work in partnership with the school;
- comply with this policy for the benefit of their children;

- be asked to take part in periodic surveys conducted by the school;
- support the school code of conduct and guidance necessary to ensure the smooth running of the school.

#### **Raising Awareness of this Policy**

We will raise awareness of this policy via:

- School website:
- Meetings with parents such as introductory, transition, parent-teacher consultations and periodic curriculum workshops;
- School events;
- Meetings with school personnel;
- Written communications with home such as weekly newsletters.

#### **Training**

We:

 ensure the content of all training is correct, delivered well and engages staff as we believe that the more engaging training is, the better the outcomes that we need to measure;

#### **Equality Impact Assessment**

Under the Equality Act 2010 we have a duty not to discriminate against people on the basis of their age, disability, gender, gender identity, pregnancy or maternity, race, religion or belief and sexual orientation.

This policy has been equality impact assessed and we believe that it is in line with the Equality Act 2010 as it is fair, it does not prioritise or disadvantage any pupil and it helps to promote equality at this school.

#### **Race Disparity Audit**

We acknowledge the findings of the Race Disparity Audit that clearly shows how people of different ethnicities are treated across the public services of health, education, employment and the criminal justice system.

The educational section of the audit that covers: differences by region; attainment and economic disadvantage; exclusions and abuse; and destinations, has a significant importance for the strategic planning of this school.

#### Monitoring the Implementation and Effectiveness of the Policy

Pegswood Primary School
The practical application of this policy will be reviewed annually or when the need arises by the coordinator, the Headteacher and the nominated governor.

### **Document Record**

Version	Reason for Amendments/Update/Review	Date of Adoption by Pegswood Primary School	Date of next review
1.0	New policy and procedure provided by National Education Group	April 2022	
2.0	Updated to reflect Pegswood Primary School	April 2022	
	Consultation with parents	April 2022	