

# Pegswood Primary School

## Summer Menu (May 18-October 18)



| <div> <div>  Homemade Dish<br/>  Celery<br/>  Cereals Containing Gluten </div> <div>  Crustaceans<br/>  Eggs<br/>  Fish </div> <div>  Lupin<br/>  Milk<br/>  Molluscs </div> <div>  Mustard<br/>  Nuts<br/>  Peanuts </div> <div>  Sesame Seeds<br/>  Soya<br/>  Sulphur Dioxide </div> </div> |   |   |   |   |   |
|--|---|---|---|---|---|
| WEEK THREE   | Monday  | Tuesday   | Wednesday   | Thursday  | Friday  |
| Main course  | Homemade Pepperoni Pizza<br><br>OR<br>Lasagne<br> | Pork Pie & Gravy<br><br>OR<br>Pasta Cheese Bake<br> | Sausages with Gravy and Yorkshire Pudding<br><br>OR<br>Hot Sausage Baguette<br> | Chicken in Gravy with Dumplings<br><br>OR<br>Fish Cakes<br> | Chicken Fajita in a Wrap<br><br>OR<br>Tuna Melt<br> |
| Potatoes/Rice  | Jacket Potato Wedges                              | Creamed Potatoes<br>                                | Roast Potatoes  | Creamed Potatoes<br>  | Chips   |
| Vegetables   | Garden Peas                                       | Carrots   | Mixed Vegetables  | Farmhouse Vegetables  | Baked Beans   |
| Jacket Potato choices  | Tuna/Mayo<br>Cheese<br>Cheese & Baked Beans       | Tuna/Mayo<br>Cheese<br>Cheese & Baked Beans         | Tuna/Mayo<br>Cheese<br>Cheese & Baked Beans                                     | Tuna/Mayo<br>Cheese<br>Cheese & Baked Beans                 | Tuna/Mayo<br>Cheese<br>Cheese & Baked Beans         |
| Sandwich   | Ham, Cheese or Tuna/Mayo                          | Ham, Cheese or Tuna/Mayo                            | Ham, Cheese or Tuna/Mayo  | Ham, Cheese or Tuna/Mayo                                    | Ham, Cheese or Tuna/Mayo                            |
| Salad Bar  | Seasonal Salad + Pasta/Rice                       | Seasonal Salad + Pasta/Rice                         | Seasonal Salad + Pasta/Rice   | Seasonal Salad + Pasta/Rice                                 | Seasonal Salad + Pasta/Rice                         |
| Sweets   | Rice Pudding & Fruit<br>                          | Fruit Whip<br>                                      | Homemade Biscuit and Glass of Milk<br>  | Cheesecake<br>  | Tutti Frutti Cake with a Glass of Juice<br>         |



Salad bar is open to all staying for school lunches.

Fresh fruit, yoghurt and bread available daily.  
Drinking water is available daily on the dining room tables.