Pegswood Primary School News http://www.pegswood.northumberland.sch.uk/website

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Friday 3rd April

Issue 26

Dear Parents and Carers,

We hope that you are all safe and well and have somewhat adjusted to this new way of life.

Thank you for everything you are doing in helping your child / children continue with their learning out of school at these strange times. Please can we reiterate that the children don't need to be following their 'normal' school routines at home. If the children could read on most days and then spend some time following some of the school ideas/work that has been posted through or complete a section of the physical pack that went home. On some days you may feel that more is being completed than on other days. This is fine! It has to fit in with what is happening at home with you, the rest of the family and potentially the demands on computers, laptops and even the wifi!

At other times of the day encourage the children to remain active in some way. If you have a garden, no matter what size, spend time in it, especially as the weather (hopefully) becomes warmer. Do household jobs together, play games, come up with the best dance moves and sing a song! There are so many different websites that are offering support in terms of videoing a science experiment, showing you round a zoo or the latest that Mrs Vallons has seen, 'The Shows Must Go On'. This is available on YouTube every Friday from 7pm where a fulllength musical will be streamed. Apparently it's Joseph tonight, so if you like a sing-along tune in. Staff will continue to post on Dojo any ideas they see advertised. Staff will continue to drop in creative ideas and suggestions over the Easter period.

As a school we have worked extensively with My Mental Health Rocks. Leanne and Julie have been into school on many occasions to work with children and parents. We subscribe to their magazine – Kids Being Kind. I will upload all the magazines onto our website and I know that the latest one has activities related to being at home without school. If you are able to print it off, there are many hours of activities for all ages.

We are unsure how long our current way of life will continue for. Take this time to spend time together – do things you don't usually 'have the time to do'.

For the latest government advice on Coronavirus follow the link:

https://www.gov.uk/coronavirus

- The overriding advice is still that if you do not need to go out then you should not. You should stay at home.
- Only go outside for food, health reasons or work (but only if you cannot work from home)
- If you go out, stay 2 metres (6ft) away from other people at all times
- Wash your hands as soon as you get home

• Do not meet others, even friends or family that do not live in the same house. You can spread the virus even if you don't have symptoms.

School remains open for children with parents who meet the government criteria. Once again, take care and take time for each other.

