

Pegswood Primary School

Summer Menu (May 18-October 18)



<div> <div> Homemade Dish Celery Cereals Containing Gluten </div> <div> Crustaceans Eggs Fish </div> <div> Lupin Milk Molluscs </div> <div> Mustard Nuts Peanuts </div> <div> Sesame Seeds Soya Sulphur Dioxide </div> </div>					
WEEK TWO	Monday	Tuesday	Wednesday	Thursday	Friday
Main course	Pork Meatballs in Gravy OR Fishcakes 	Savoury Mince with Dumplings OR Macaroni Cheese 	Roast Ham & Yorkshire Pudding OR Quiche 	Rogan Josh Curry OR Chicken & Gravy 	Fish Fingers OR Cheese Melt
Potatoes/Rice	Jacket Potato Wedges	Creamed Potato 	Roast Potatoes	Rice 	Chips
Vegetables	Mixed Vegetables	Carrots	Baked Beans	Sweetcorn	Garden Peas
Jacket Potato choices	Tuna/Mayo Cheese Cheese & Baked Beans	Tuna/Mayo Cheese Cheese & Baked Beans	Tuna/Mayo Cheese Cheese & Baked Beans	Tuna/Mayo Cheese Cheese & Baked Beans	Tuna/Mayo Cheese Cheese & Baked Beans
Sandwich	Ham, Cheese or Tuna/Mayo	Ham, Cheese or Tuna/Mayo	Ham, Cheese or Tuna/Mayo	Ham, Cheese or Tuna/Mayo	Ham, Cheese or Tuna/Mayo
Salad Bar	Seasonal Salad + Pasta/Rice	Seasonal Salad + Pasta/Rice	Seasonal Salad + Pasta/Rice	Seasonal Salad + Pasta/Rice	Seasonal Salad + Pasta/Rice
Sweets	Chocolate Brownie with a Glass of Milk 	Jelly & Cream Topping Pudding 	Fruit Sponge & Custard 	Fruit or Chocolate Mousse Slice 	Ice Cream Tub with Fruit



Salad bar is open to all staying for school lunches.

Fresh fruit, yoghurt and bread available daily.
Drinking water is available daily on the dining room tables.